



WEST END DAY SCHOOL PARENTS' ASSOCIATION LECTURE SERIES 2012

Wednesday, February 8, 2012, 6:30PM-8:30PM

Beyond Behavior: Creating an Alliance with Your Child

Josephine Wright, M.D.

Dr. Josephine Wright will explore the roles of empathy, expectations, discipline and modeling in facilitating children's development.

Josephine Wright M.D. is a child and adult psychiatrist who is on the faculty at the New York Psychoanalytic Institute and the Berkshire Psychoanalytic Institute. She is the author of *Do We Really Need Ritalin? A Family Guide to ADHD* and articles about adoption, learning difficulties, therapy and medication.

Wednesday, March 7, 2012, 6:30PM-8:30PM

Talking to Children about Assisted Reproductive Technologies (ART): Developing a Life Story

Anna Balas, M.D.

The use of ART in creating families presents new challenges for parents. Dr. Anna Balas will discuss how and when to tell children about ART and help them create their own narratives about their beginnings.

Anna Balas M.D., Associate Professor of Clinical Psychiatry at Weill Cornell Medical College, is a child and adult psychiatrist with an interest in childhood development and creativity, trauma and resiliency. She participated in a study group on Clinical and Developmental Implications of Assisted Reproductive Technology and a 2011 symposium at Weill Cornell called "How Did I Get Here and Where Do I Come From." She is also on the faculty of New York Psychoanalytic Institute.

Wednesday, May 9, 2012, 6:30PM-8:30PM

Children and Food: Creating Healthy Attitudes

Susan Sherkow, M.D.

How do we handle this most important area of family life? Dr. Susan Sherkow talks about how adults can create positive attitudes toward food and foster healthy eating behaviors. She will also outline characteristics that are cause for concern and guidelines for intervention.

Susan P. Sherkow M.D. is a Supervising Analyst and Instructor in the Child and Adolescent Division of the New York Psychoanalytic Institute. She is also on the faculty of the psychiatry departments at Mt. Sinai School of Medicine and Albert Einstein College of Medicine, in addition to the Berkshire Psychoanalytic Institute. Dr. Sherkow has published articles on subjects including eating disorders and psychoanalytic treatment of children with autism.

RSVP: events@westenddayschool.org

West End Day School, 255 West 71st Street (Broadway and West End Avenue)

Admission: \$20.00 per lecture (cash or check only)

**This series was produced in cooperation with the
Pacella Parent Child Center and the New York Psychoanalytic Institute.**